## MIT Biology Mentoring

Maintain a professional and courteous tone in conversations and

## Enabling trainee learning and growth

	<u> </u>		
	Mentor competencies	Mentor best practices	Mentee competencies
ļ	Discuss with your mentees how you can best support their	Identify and offer opportunities for training, information gathering,	'
	training and ability to succeed.	collaboration, and ne recombering,	